

Japan Supplement Association was founded based on the question whether the information publicized on supplements is kept fair and clean. NPO status was obtained in June, 2001.

Our mission, therefore, is to collect and provide reliable information on supplements. We position ourselves fair and neutral, always with the viewpoint of end-users. We also function as a platform of exchanging information on self-medication.



NPO Japan Supplement Association; Main activities



Evaluation of products, voice of users

We organize, within ourselves, an investigation committee, where specialists evaluate product reliabilities, and bring the information obtained forward to users. Voix, our supplement gallery, offers tasting of such products. Also our net consultation corner is available for your service.



Publishing, providing data base of supplements

The data base can be retrieved by component or symptom. Retrieval by product, including new ones, is also possible. For your information, the data base is available at the National Diet Library.



■ Voix seminar, event

The seminar, raising the theme of eating and moving, introduces various knowledge and methods that you may practice at home to maintain and enhance your health and beauty. Let us think together, through medicine, food and agriculture, as to what would be the best for our health, both physically and mentally.



Aoyama Morning Fair and Information Station for food materials

We function as an exchange center of wisdom and knowledge as to how to utilize food materials of high nutrition for our health. We consider it very important, for the safety of food materials, to keep face-to-face touch with the producers as well as the location where the materials are produced. This is the very reason we organize "Aoyama Morning Fair" every Saturday, bringing in materials from every corner of our country.

Column, media article

We review various activities introduced by media, TV, radio, magazine and internet.

Electronic archives are available for the lectures given by Ms. Goto, our president, or for the columns or articles printed by media.



Ordering from local area and shopping

Theme is health and beauty. We introduce excellent items ordered by influential buyers, not only domestically but overseas. Voix members may taste these items and express opinions. We will open the site where you may order the products from. In combination with the Aoyama Morning Fair, we can assemble varieties of items, agricultural, stock raising, supplements, cosmetics, health products, etc. Please enjoy!

Supporting companies, Sponsors' sites

These are mainly composed of report covering the companies. In order to confirm reliability of product, we interview developer, researcher and responsible person. The outcome, together with respective images, will be compiled into the report.

We introduce also the companies supporting our social activities



Voix Club

This is a social network of Mixi type, where any member of this club can freely write in. We encourage you to express your free opinion, request or comment on seminar for the purpose of exchanging information.



Opening the preparatory course for "Supplement Instructor"

We open the 6th preparatory course. Variety of themes including market trend, laws, knowledge of food and exercising, to integrated medical field will be taken up.





